



Help Me Grow Ventura County (HMGVC) provides families and providers with **information and resources** to help address behavioral and developmental concerns in children from **birth to age five**.

### Refer a parent to HMGVC if they:

- Are concerned about their child's development or behavior and a referral resource is not easily identified.
- Want to monitor their child's development through a developmental screening.
- Have difficulty navigating services and need extra support and information.

### You can refer a parent to HMGVC with a completed Referral Form

Email [helpmegrow@first5ventura.org](mailto:helpmegrow@first5ventura.org), Fax (805) 910-3339 or Call (805) 244-6911



HMGVC does not provide direct services or make therapeutic recommendations. We answer questions, provide information, and connect families to useful resources, including the ASQ Online ® (Ages & Stages Questionnaire), an online developmental screening tool completed by parents. HMGVC will respond to referrals within 2-3 business days. Spanish language services available. Other languages supported through translation services.

